



## Arnprior-Braeside-McNab Seniors At Home Program Inc.

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# 2022 – 2023 Annual EXECUTIVE DIRECTORS REPORT

Our past fiscal year has been an extremely busy year with all programs and social activity now in full operation following our 2+ year pandemic challenge. We are so very pleased to see our clients taking full advantage once again of the vital programming our agency provides the residents of the Town of Arnprior and Township of McNab/Braeside.

I am so very fortunate for the past 28 years to lead such a dedicated team of dedicated staff and volunteers who each day, allow our agency to meet our mission statement and philosophy. My appreciation to all our volunteers in whatever capacity you are involved in our organization, without you, this agency would not be viable and play the important role we do in ensuring the independence of our clients.

Below, are the numbers of individual clients and number of units of service that have been provided over this past year covering April 1<sup>st</sup>, 2022, to March 31<sup>st</sup>, 2023. When you view these impressive numbers, remember the importance of each staff member and volunteer who ensured each client received caring and compassionate care from us.

## Programs Report – 2022-2023

### Foot Care Services:

Our partnership with Soft Soles Foot Care Services has proven to be extremely successful and we are grateful to our nurses who provide the weekly Foot Care Clinics, often with our agency now hosting two clinics per week.

This past year, **174** individuals were seen at our clinic with **538** appointments being completed.

**Visiting – Social and Safety:**

With both our Telephone Security and Friendly Visiting Program in full operation following the pandemic, we have seen a steady year. Our appreciation is extended to all of our volunteers who dedicate their time to both of these programs.

This past year, **43** individuals received **2,147** check ins to ensure their safety.

**Service Arrangement / Coordination:**

Our Home Maintenance and Home Help Programs keep ever growing providing much needed outside and inside work to enable our seniors to remain independent in their own homes. Our appreciation is extended to all of our Home Maintenance & Home Help Service Arrangement Workers for the care they provide our seniors and disabled.

This past year, **107** individual clients requested either home help inside their home or home maintenance outside their home with **129** jobs being completed.

**Transportation Services:**

Transportation is still one of the busiest programs our agency offers. With our fleet of vehicles, staff drivers and volunteer drivers, we strive each day to meet the needs of all our clients to get them to their medical appointments outside Arnprior, to Dialysis Treatments, for their shopping, social, banking and personal appointments. My most sincere appreciation is extended to our staff drivers and volunteer drivers who for the past two years have went above and beyond to ensure the clients safety.

This past year, our agency provided **14,672** trips to medical appointments, shopping, hair appointments, banking etc. to **997** individual clients.

**Social and Congregate Dining:**

With all pandemic restrictions now lifted, we are seeing encouraging numbers of clients attending our congregate dining events, whether that is our monthly Lunch Bunch, our Annual Seniors BBQ or our Annual Christmas Party, it is so nice to see our clients and new clients coming out to enjoy socializing.

This past year when we were once again allowed to hold our social programs saw **411** individual clients enjoy monthly events and enjoying **894** meals.

### **Meals on Wheels:**

Over the past couple of years, we have been challenged with the steady increasing supplier cost for Frozen Meals and Hot Meals on Wheels. These steady increases are having an impact on our clients and the number of meals that they can afford, this is something that is being monitored very closely. I was very grateful to be able to apply to the Ontario Community Support Association for funding that allowed our agency to provide for a period of time, subsidized meals for both our Hot Meals and Frozen Meals.

This past year, our agency provided **11,428** meals to **280** individuals providing them with nutritious meals and allowing them to remain independent in their own homes. My appreciation to all of our volunteer drivers who deliver our Hot Meals on Wheels Monday to Friday, without each of you, we would not be able to provide this vital service to our community.

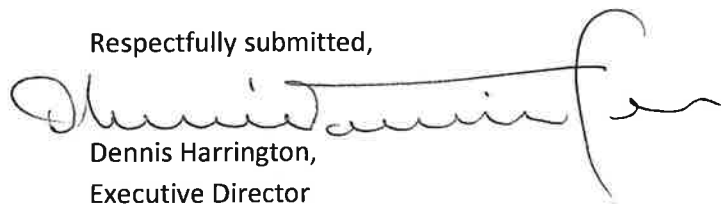
### **Community Volunteer Income Tax Program:**

Through our dedicated Income Tax Volunteers, we were able to complete over **300** individual tax returns. Thank you to our volunteer tax preparers and our administration volunteers who without each of you, our agency would not be able to provide this service.

### **Medical Assistance Loan Cupboard**

Our loan cupboard has proven to be a much valued and needed service to our communities with this past year servicing **265** individuals with **484** various pieces of medical equipment. I wish to thank all those who took advantage of utilizing our loan cupboard and for their donations to ensure its success and continuation. My appreciation to Nikki Rumbelow and our loan cupboard volunteers for their exceptional work with this program.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Dennis Harrington", written over a horizontal line.

Dennis Harrington,  
Executive Director