



HOME & COMMUNITY
SUPPORT
United in our commitment to care

FALL 2023

FOLLOW US ON FACEBOOK

Arnprior-Braeside-McNab Seniors At Home Program Inc.

Fall is almost upon us.

Gone are the hot, sleepless summer nights. They are slowly being replaced by cooler evenings, great to snuggle up with a hot chocolate in a warm, cozy blanket. We at Seniors At Home, have been busy planning fun and festive activities guaranteed to warm your hearts such as our Annual Christmas Craft Fair, A Fall Fest Fashion Gala and our Senior Christmas Party!



HOME & COMMUNITY
SUPPORT
United in our commitment to care
Arnprior-Braeside-McNab
Seniors At Home Program Inc.

"Just a quick note to say thanks for all that you do in the community! As a social worker serving a lot of older folks, many of which are on financial assistance, it is so so SO wonderful to have an agency like yours to rely on – particularly during tax season. I cannot say enough about the kind and empathetic volunteer staff. Thanks for all that you do!" - Amy Kelly

BLUE ENVELOPE CAMPAIGN

The Annual Blue Envelope Campaign is in full swing! We are sitting at 40% of our goal and want to remind everyone that it's not too late to donate! Your financial support is crucial to the delivery of programs such as the Loan Cupboard, Transportation, Hot Meals on Wheels for our most vulnerable. Donations can be made in-person at 106 McGonigal St W, by phone 613-623-7981, or by e-transfer to donate@cssagency.ca (specify in the message section Blue Envelope donation and your contact information for charitable tax receipts).



Please contact us today!

613-623-7981 - www.cssagency.ca -



Angel Tree

Angels aren't only around at Christmas. In fact, our Angel Tree has helped several vulnerable seniors over the summer. Donations are collected year-round at our office at 106 McGonigal Street or during our Christmas Craft Fair at the Nick Smith Centre on Saturday, November 25th.

We hope to see you there!





Poker Run Fun!

It was a stellar Saturday for the 2023 Poker Run Show, Shine and BBQ in Arnprior! A huge **THANK YOU** to Valley Cruisers and Valley Rent Rite for hosting the 2023 Annual Poker Run. We want to thank all participants, entertainers, and amazing volunteers for their support! In total, close to \$1500 was raised for Arnprior Braeside McNab Seniors at Home Program Inc.

We would also like to thank The Nasty Rides Car Club for their donation, Joe's Produce Stand and Giant Tiger for their support towards the BBQ! Also, **CONGRATULATIONS** to Corey Godkin for being this year's Poker Run winner who walked away with a STIHL chainsaw donated by Valley Rent Rite!

Valley Cruisers President Brian Gunn
presenting prize to this year's Poker Run winner
Corey Godkin



Happy BBQ
customer



Cruise Night Grand Finale

Sunday September 10, 2023

11am - 4pm

Antrim Truck Stop

Music From: Full Throttle

Contact: Brian Gunn

613.355.5878

grandpagunn@gmail.com



THE ANNUAL MEMORIAL BUTTERFLY RELEASE EVENT

The sun, smiles and spirits were plentiful at this year's Annual Memorial Butterfly Release at Robert Simpson Park!

Thanks to our sponsors, Pilon Family Funeral Home, and SAF & Co. Aesthetics of Arnprior, our event surpassed our goal and managed to raise over \$7000 in proceeds to support local seniors and individuals with special needs!

We wish to thank our amazing Volunteers, Tony Bove for his beautiful musical performance, The Town of Arnprior for their assistance in the set-up, Lisa Smith of Boyce's Funeral Home, Andre, Gina, and Phil Pilon of Pilon Family Funeral Home, in helping to make this event the greatest Release yet!!

Our next Memorial Butterfly Release is planned for Sunday, August 18, 2024. Butterflies are now on sale, and we encourage everyone to buy early!



Andre Pilon of Pilon Family
Funeral Home



SENIOR BBQ IN THE PARK

The sun was shining on Robert Simpson Park for Arnprior-Braeside- McNab Seniors at Home's 22nd Annual Seniors BBQ in the Park. Thanks to all who made it out for the food, music, and fun community event. Senior's at Home would like to thank all the wonderful volunteers who allow this event to happen. We would also like to thank all the amazing businesses who sponsored this event: Island View Retirement Living, Carp Commons Retirement Village, Boyce Funeral Home, Giant Tiger, Betty's Chips, Brian's Spuds, King of Munchies, Lily's Fries, Wes' Chips, Madawaska Golf Club, Valley Golf Cart Repair, Renfrew Rent-All and Arnprior District High School. See you again next year.



Volunteers Rick and Elly Leben



THE BUTTERFLY HOUSE WINNER!

Lynn Russett was the lucky winner of the beautiful Butterfly House donated by the Men's Shed of Arnprior. We wish to thank The Men's Shed and all those who purchased a ticket for their support. Total proceeds from ticket sales were \$240.00!



Bev Wilson

A Volunteer's Story - by Bev Wilson

My name is Beverly Wilson and I have always loved organizing and helping with volunteer projects. During my career as a system Analyst, I had the pleasure of being on many recreational committees. When my beautiful girls were born, we were living in a small village in Hammond Ontario. There I started a Mom and Tots group where moms and kids could socialize, play and meet as a community. I was also a Sunday School teacher for 20 years where I could teach and learn myself. I began having chronic pain and had to finally end my career. However, I needed something to help me cope, so I took a course with Bruyere on "Living a Healthy Life with Chronic Pain!". It was so helpful that I volunteered with them to give courses. As in most volunteering, you get as much out of it, as the people you are assisting in their journey do. I started giving courses in Arnprior and that is where I met Liz Wall from SAH who inspired me to volunteer with SAH. I love teaching, making crafts and homemade cards, which I have shared with many seniors. As a volunteer with SAH, I have I provided computer training, helped at BBQ's, Christmas Craft Fairs, Butterfly Releases and Cruise Nights to name a few! I have volunteered for over 15 years, and it gives me joy to be engaged with the lovely seniors, plus I also love to talk! They have such great stories and wisdom to share. I've also met some wonderful volunteers who have become friends. And, last but not least, I enjoy the events myself which wouldn't be possible without the great staff at SAH.



Residents from Aspira Island View releasing butterflies purchased in support of the Annual Memorial Butterfly Release



Todd Jack

Transportation Driver

Born and raised in Arnprior, Todd worked in retail pharmacy prior to opening his own sales agency for over 25 years. Married and very proud of his one son. His family gives him great joy as does babysitting his two grand pups which he thinks is awesome. A true "people person" is his reason for working for Seniors at Home. Helping our local seniors provides Todd with great pleasure. We welcome Todd to the team!



Roy McAdam

Transportation Driver
Roy joined Seniors At Home this summer as one of our newest transportation drivers and is a great asset to the team! Welcome aboard Roy!



Peter Kelly

Transportation Driver

Following 40 years in the Retail Industry, Peter was retired for 10 years before he decided to accept a position with Seniors At Home. Married for 30 years, he enjoys spending time with his three grandsons. His hobbies include gardening, fishing and hunting. Peter gets a lot of joy from his grandchildren and is looking forward to a 4th on the way!

NEW STAFF



Ontario's first "Test Your Smoke Alarm Day!" scheduled for Thursday Sept. 28, 2023. With the campaign slogan "Saved by the Beep", all Ontarians are encouraged to learn more about smoke alarms, fire safety, and home fire escape planning.

DID YOU KNOW?

If you need assistance.....the Arnprior Fire Department will come to your home by appointment and test your smoke and CO alarms to ensure they are working properly? The Arnprior Fire Department Home Fire and Life Safety Program is running from "Test your Smoke Alarm Day" until the end of Fire Prevention Week (Sept. 28, 2023 to October 14, 2023)

Schedule a visit online at www.arnprior.ca or call (613) 623 4231 ext. 2. to book your appointment!

Test Your Smoke Alarm Day!

THE FALL FEST FASHION GALA
OCTOBER 20, 2023
7:00 P.M.
 PARISH HALL
 295 ALBERT ST., ARNPRIOR
 Tickets: \$40.00

Silent Auction
50/50 Draw
Light Refreshments

Participating Vendors
 The Pines Hides
 Jule & Lucy
 Sun Place
 Valley Girls Plus
 Rocked
 John's Vintage
 Scott's Shoes

www.cssagency.ca
 613-623-7981

All proceeds to Arnprior Braeside McNab Seniors At Home Program Inc.

THE LUNCH BUNCH
 AT THE ARNPRIOR LEGION "HALL"
 TIME: 12:00 PM - 2:00 PM
 LIVE ENTERTAINMENT
 & LUNCH FOR \$11.00

Aerik Watson	Sept. 6
Kevin Harrison	Oct. 4
Alan Wright	Nov. 1
Jane Lafont	Dec. 6

ALL SENIORS 55+, DISABLED AND INDIVIDUALS WITH SPECIAL NEEDS ARE WELCOME

TICKETS MUST BE PURCHASED BY MONDAY NOON BEFORE THE EVENT

Chili-Fest Thursday, November 2nd
Sponsored By: Aspira Island View

Arnprior's Annual Christmas Craft Fair
25 NOVEMBER 2023
9:30 AM - 4 PM
 @THE NICK SMITH CENTRE

Over 50 Tables
Bake Table
Local Artists
Raffle Door Prizes
Lunch Counter

Sponsored by

Presented by
 Arnprior Braeside McNab Seniors At Home Program Inc.
www.cssagency.ca
 613-623-7981

We at Seniors At Home gratefully thank those who have donated in memory of their loved ones.



Leave a Lasting Legacy

More Information Suzanne Giroux
Development Coordinator

613.623.7981 suzannegiroux@cssagency.ca

Angie Moore
(1970-2023)

Moe Lacasse
(1946-2023)

Keith MacLean
(1946-2023)

William "Bill"
Clarke
(1950-2023)

Steven "Steve"
Michelson
(1954-2023)

Kevin Turcotte
(1951-2023)

How will you be REMEMBERED?

613-623-7981

www.cssagency.ca

106 McGonigal St. W., Arnprior

Closed for Thanksgiving
Monday, Oct. 9th