



HOME & COMMUNITY
SUPPORT
United in our commitment to care

NEW YEAR 2024

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Arnprior-Braeside-McNab Seniors At Home Program Inc.

WELCOME 2024!

As we step into the new year, our warmest wishes go out to each and everyone of you. Exciting times lie ahead as we have been busy working on our lineup of events and new projects in the works! So, prepare to join us in our adventures and stay tuned for upcoming fun that awaits! Remember, we are just a phone call away and eager to chat about our programs that may be of assistance to you or someone you know. We're here to help, so give us a call at: 613-623-7981.



CHRISTMAS PARTY!

Our Annual Christmas Party was nothing short of fun and festive! Held at the Parish Hall, guests feasted on a delicious turkey dinner, mingled with friends and Santa, and danced to the tunes of the Heartbeats. We thank Rick, Pat and Jean for the wonderful music, Schmitt's Catering for the delicious food and of course, all our wonderful seniors! We at SAH also thank the sponsors who supported us in various ways: Carp Commons Retirement Village, Island View Suites, Pilon Family Funeral Home, Boyce Funeral Home, The Knights Inn, Exquisite Decor Event Rentals, TAAG Accounting, Rona, and Mel's Flowers.

ANGEL TREE RAISES OVER \$9,000.00!

The Angel Trees are down but our spirits are high as we wrap up another incredible campaign! We are overwhelmed with gratitude for our dedicated Community Partners who made it all possible. A special shout-out to Rona, Arnprior Family Health Team, Town of Arnprior, Township of McNab/Braeside, CIBC, Home Hardware, Rona, Hart, TD Bank, Royal Bank, and Scotia Bank. Their unwavering support has truly made a difference as did everyone who donated. Since its inception in 2014, the Angel Tree has become a beacon of hope, and this year it proved to be more essential than ever. To the incredible people of Arnprior and McNab/Braeside, you are the real heroes. During what has been a challenging financial year for many, you opened your hearts and generously contributed to the tune of over \$9,000 to sponsor seniors through the Angel Tree campaign. Your continued support fuels our mission and touches the lives of those in need. As a reminder, one time or monthly donations are accepted throughout the year in our office or by e-Transfer to angeltree@cssagency.ca



The Valentine Angel Tree

We also wish to express gratitude to St. Andrews Presbyterian Church for their ongoing support and innovative approach to our annual Angel Tree Campaign. They've creatively shifted it to February, a month synonymous with love and warmth.



BLUE ENVELOPE UPDATE

Another heartfelt thank you to the Ontario Power Generation (OPG) for supporting our community! Their generous donation of \$750.00 is a welcome donation towards our 2023 Blue Envelope Campaign which benefits so many in our community by providing crucial money needed to support many of our programs. Over \$31,000 has been raised during this campaign season.

Image (left to right): Jennifer Gardiner presenting the cheque to SAH staff Suzanne Giroux



HOLIDAY HIGHLIGHTS



Image (left to right): Dr. Ian Callow, Nancy Peck, Suzanne Giroux of Seniors at Home and Dr. Liv Phillips and Kevin Turcott (inset)

The incredible team at the Arnprior Dental Centre on Hugh St. N. chose to spread the joy by generously donating \$500.00 to Seniors At Home! This act of kindness is especially touching as it's done in memory of the unforgettable Kevin Turcotte, brother of Kelly Mulvihill at the Arnprior Dental Center and dedicated volunteer (Hot Meals on Wheels driver), with Seniors at Home. Kevin, known for his infectious smile and sweet treats, left a lasting impact on so many!

A heartfelt thanks to Arnprior Dental Centre for keeping Kevin's spirit alive through their thoughtful contribution to our agency.

INCOME TAX PROGRAM

It is that time of the year; time to file your 2023 Income Tax Return!

A Community Volunteer Income Tax Program in collaboration with Canada Revenue Agency is available to **individuals with low to modest income** for those with a **"simple"** tax situation, i.e. no self-employment or business income or expenses, no capital gains or losses or bankruptcy files.

This service is **offered BY APPOINTMENT only** from our office located at 106 McGonigal Street West, Arnprior. We will be open to accept 2023 Income Tax forms beginning **March 1, 2024, until April 29, 2024.**

The service is offered **Mondays, Wednesdays, and Fridays between the hours of 10:00am and 2:00pm.**

Please use side window to drop off your income tax documents and follow the signs.

As a reminder, please include the following with your package:

- T4's from Old Age Security & Canada Pension Plan
- Interest T5's from financial institutions
- 2023 Rent or property tax receipts
- Medical expense receipts
- Proof of date of birth
- SIN #
- Present marital status
- 2023 Income Tax return (last years')
- 2023 Notice of Assessment (last years')

We offer the Income Tax Program **FREE** of charge but as a non-profit charitable organization, we appreciate any donations to help with Agency program costs. In return, you will be issued an official charitable donation receipt for income tax purposes (2024).

If you require any further information, please call and leave a message at 613-623-7981 ext. 108.

Happy Easter

OFFICE CLOSURES

Monday, February 19th (Family Day)
Friday, March 29th (Good Friday)
Monday, April 1st (Easter Monday)



A DAY IN THE LIFE OF A LOCAL SENIOR

Meet local area resident Joan Marcellus.

Born in Winnipeg to George and Alma Butler, Joan and her brother Don enjoyed a great childhood filled with fond memories of the West and the Sioux Lookout.

As a young woman, she worked in various grocery stores as a cashier and took great pleasure in making people smile. In 1965, she joined her family who relocated to the Arnprior area a few years earlier and hasn't looked back!

She spent 15 years working for Union Carbide, now known as Nylene as a quality control technician. It was while working at Nylene, that through her brother & sister-in-law that she met the love of her life, Joe Marcellus. Together they raised their beautiful girl Pam. In 1980, she and Joe purchased Wall's Dairy, renamed it to BJ & Joe's where they distributed Sealtest dairy products to schools, restaurants & corner stores. After selling in 1988, they decided to purchase the Centre Town Coin Wash.

Later in life, she worked as a personal support worker which she thoroughly enjoyed. She knew from experience that working with seniors gave her satisfaction and a sense of purpose. In fact, even after working as a PSW, she dedicated her time to volunteering with Seniors At Home in the Footcare clinic and as Friendly Visitor as well as the Opportunity shop where she continues to volunteer when possible.

When asked about her fondest historical memory, she was quick to mention that meeting John F. Kennedy while visiting a University in Orono, Maine. As for her thoughts of technological advancements, she expressed astonishment at the impact on today's youth. The fact that so many struggle telling time, recalling times tables without a smartphone or understanding how to read a handwritten letter is bewildering to say the least. In her opinion, this world can use more compassion.

When asked about what brings her joy, she said she always loved to travel and shared fond memories of her time in Florida with the girls, away from our cold winter weather. While age comes with a price, and travelling may not be in the cards today, Joan still enjoys volunteering, spending time with her daughter and grandchildren and participating in social events such as our Annual Christmas Party and the Summer BBQ in the Park.

If you're fortunate enough to know Joan, then count yourself lucky. If you don't, and need a little pick-me-up, then I encourage you to introduce yourself while at one of our events. She truly is a kind, compassionate woman with a great sense of humour that even those in the medical profession could attest to!

Holiday Giving



Image (left to right): Marilyn Erskine of the Arnprior & District Quilters Guild and Nancy Peck of Seniors At Home



Image (left to right): SAF staff Todd Jack, staff Dan Dubois, Volunteer Laurie Todd & SAH staff Trish Rogers

A huge **THANK YOU** to our friends at the Arnprior & District Quilters Guild for donating the beautiful Christmas Placemats that were given out to our Hot Meals and Frozen Meal Clients. Their kindness and generosity to our seniors and individuals with special needs brought a smile during the holiday season!

We extend our gratitude to Father Dan Kelly of St. John Chrysostom church and the dedicated efforts of Rob Fisher, the driving force behind the scenes. Accompanied by his sons Andrew and Jessie, as well as numerous volunteers who worked tirelessly to prepare and deliver and serve hundreds of delightful Christmas dinners for seniors in our community. Their generosity and hard work brought joy and warmth to those who needed it most during the holiday season.



NEW STAFF ANNOUNCEMENT!

Trish Rogers, Transportation Coordinator

Born and raised in Ottawa, Trish has lived half of her life in Arnprior. In 2022, she retired early from the Federal Gov't to pursue other interests. Before joining the Seniors at Home team, she enjoyed working at some of Arnprior's daycare centers. She is very grateful to be part of this wonderful community which she knows and loves. Welcome Trish!

THANK YOU to Shivangi Rowat, for coordinating **Arnprior's 2nd Annual Santa for Seniors!** Over a hundred items were collected, assembled, and distributed to several individuals in our community during the Christmas season.

We also wish to extend our gratitude to Tanya Box and friends from the Village of White Lake Community Association for their donation of goodies which were handed out to clients visiting the office and included in many of the Santa for Seniors gift bags.



Got Your Tech
We're Here to Help *Presents..*

Join our **FREE**
Home Tech
WORKSHOP



RSVP Today! Limited Seating
Call: 343-544-7131

Kenwood Center, Feb 29, 2024 | 2 Sessions
16 Edward Street, S, Arnprior | 2pm & 3:30pm
Bring your smartphone/ tablet | Wheelchair accessible
Hosted by: Got Your Tech

Sponsored by:





CIBC ARNPRIOR PRESENTS
MUSIC TRIVIA NIGHT
ALL PROCEEDS SUPPORTING
ARNPRIOR-BRAESIDE-MCNAB SENIORS AT HOME

FRIDAY, MARCH 22ND
STARTS AT 7PM- DOORS OPEN AT 6
ARNPRIOR LEGION
49 DANIEL STREET ARNPRIOR
TEAMS OF 6-8 PPL
\$15 PER PERSON

TRIVIA HOST: AERIK WATSON
MUSIC TRIVIA WITH A TWIST

DOOR PRIZES-50/50-RAFFLE PRIZES
CHARCUTERIE BOARDS FROM SANDEE'S
COUNTRY KITCHEN AVAILABLE FOR PRE-ORDER

BRING A FOOD BANK DONATION TO BE
ENTERED IN A DOOR PRIZE!!

TO REGISTER AND PAY, EMAIL -
SHANNON.DUPUIS@CIBC.COM
OR CALL 613-623-4248 EXT. 300







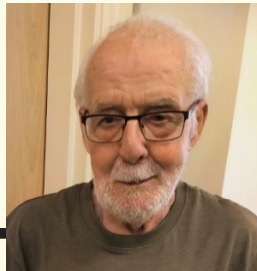
We at Seniors At Home gratefully thank those who have donated in memory of their loved ones.



Leave a Lasting Legacy

More Information Suzanne Giroux
Development Coordinator

613.623.7981 suzannegiroux@cssagency.ca



Allan John Ferguson
(1933-2022)



Shirley Towey
(1943-2023)



Margaret Sanchioni
June 29, 2021

How will you be REMEMBERED?

613-623-7981

www.cssagency.ca

106 McGonigal St. W., Arnprior

DID YOU KNOW??

All About the Ontario Photo Card

If you are a resident of Ontario and you don't have a driver's license, or you're looking for an additional form of government-issued ID, the Ontario Photo Card might be the solution for you.

What is the Ontario Photo Card?

An Ontario Photo Card is a government-issued identification card that is available to Ontario residents who **do not have a driver's license**. It is useful for identification purposes, such as when opening a bank account, voting, or accessing government services.

Who is eligible for an Ontario Photo Card?

Ontario residents who are 16 years of age or older and do not have a driver's license are eligible to apply for the Card.

How do I apply for an Ontario Photo Card?

You can apply for an Ontario Photo Card by visiting a **Service Ontario** location in person. You will need to **bring original documents that prove your identity**, such as a birth certificate or passport, and your residency in Ontario, such as a utility bill or lease agreement.

The Arnprior Service Ontario office is located at: 275 Ida St. North, Arnprior

More information can be found online at: [Ontario.ca/PhotoCard](https://ontario.ca/PhotoCard) or 1-800-387-3445

Cost & Delivery

The cost for the Ontario Photo Card is \$35. Once processed, your card will be mailed to you within 4-6 weeks.



Sponsored by



For more information call 613-623-7981 OR email suzannegiroux@cssagency.ca

Proceeds to Arnprior Braeside McNab Seniors at Home Programs Inc.



The MOTHER'S DAY BAKE FAIR & CAKE DECORATING CONTEST

Saturday, May 11th
9:00 am - 1:00 p.m.

Location: Glad Tidings Hall
116 Baskin Drive, Arnprior

Vote for
your
favorite
cake!

Door
Prizes!





Mar
22

Music Trivia with a Twist BY CIBC

Time: 07:00pm-10:00pm

Location: The Arnprior Legion



May
11

Mother's Day Bake Fair, Cake Decorating Contest & Auction

Time: 09:00am- 1:00pm

Location: Glad Tidings Church Hall (116 Baskin Drive, Arnprior)



May
to
Sept

Weekly Valley Cruisers Car Show

Time: 4:00pm-8:00pm (beginning May 20th)

Location: Antrim Truck Stop



June
15

Annual Father's Day Charity Car show & **BBQ**

Time: 08:00am-2:00pm

Location: Red Pine Bay, Braeside



July
18

Annual Seniors **BBQ** in the Park

Time: 12:00pm-2:00pm

Location: Robert Simpson Park



August
3

Poker Run Show & Shine + **BBQ**

Time: 8:00am-2:00pm

Location: 45 Herrick Drive, Arnprior



August
18

The Annual Memorial Butterfly Release

Pre-purchase a live butterfly in memory of a loved one

Time: 10:00am-12:00pm

Location: Robert Simpson Park, Arnprior



Sept
8

Valley Cruisers Grand Finale

Time: 11:00am - 4:00pm

Location: Antrim Truck Stop

