



HOME & COMMUNITY
SUPPORT
United in our commitment to care

FALL 2024

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Arnprior-Braeside-McNab Seniors At Home Program Inc.

“Welcome Fall!”

Fall is upon us, but the weather still has a touch of summer warmth. Soon we'll be reaching for cozy blankets and enjoying our favorite comfort foods. Here at Seniors at Home, we've been busy planning a variety of fun and festive activities to keep you safe, engaged, and entertained! From our Shred Day Event and Chili-Fest to Social Dining, the Christmas Craft Fair, and our always-anticipated Senior Christmas Party, we have something for everyone. These events are sure to fill your season with warmth, joy, and more wonderful memories!



Poker Run Fun!

Saturday, August 3rd goes down as the hottest Poker Run, Show, Shine, and BBQ in Arnprior! Hats off to Brian and Heather Gunn of Valley Cruisers Arnprior and Len Stavenow of Valley Rent Rite for making this year's event a huge success. We're incredibly grateful to our participants and dedicated volunteers who helped bring the day to life despite the scorching temperature!

Special shoutout to Mark's No Frills of Arnprior for their generous food donation and Metro for contributing a \$25 gift card.

And a huge CONGRATULATIONS to Andre Labelle, this year's Poker Run champion, who took home a brand-new STIHL chainsaw, courtesy of Valley Rent Rite!



Angel Tree

Just a reminder, that Angels aren't only around at Christmas. In fact, thanks to the generosity of our supporters, donations raised during our Angel Tree Campaign continue to help our most vulnerable in our Community. In the last year alone, donations have made a real difference. Examples include providing medical devices, out-of-town transportation for life saving treatments, emergency dental visits, emergency housing needs and urgent home maintenance. 100% of the donated funds go directly to the campaign, ensuring they reach those who need it most.

Donations are collected year-round at our office at 106 McGonigal St. W., or our Angel Tree Host Partners soon to be announced and at our upcoming Christmas Craft Fair on Saturday, November 23rd at the Nick Smith Centre. Donations also accepted by E-transfer to angeltree@cssagency.ca. Alternatively, a secure one time or monthly donation option is available through CanadaHelps.org via our website at www.cssagency.ca.

This newsletter is made possible by the generous support of Reid Bros Arnprior, ensuring our most vulnerable stay connected and engaged in the community.



SENIORS BBQ IN THE PARK

The 23rd Annual Seniors BBQ in the Park was another success! It was great to see all the smiling faces. We wish to thank all the amazing volunteers that helped to make this event happen. Thanks to Spencer Scharf for the wonderful music. A big thank you to all the sponsors that offered their support: Aspira Island View Retirement Living, Carp Commons Retirement Village, Levante Arnprior Villa, Boyce Funeral Home, Pilon Family Funeral Home, Valley Golf Cart Repair, Giant Tiger, Betty's Chips, Brian's Spuds, King of Munchies, Lily's Fries, Smash N Dash Smashburgers, Wes' Chips and the Arnprior District High School.

Top left to right: BBQ Grillers - staff members Roy McAdam and Todd Jack
Bottom left to right: Musician - Spencer Scharf, Volunteers - Elly and Rick Leben

THE ANNUAL BUTTERFLY RELEASE

On August 18th, our Annual Butterfly Release brought our community together in a truly special way. Although the weather didn't cooperate with our original plans for a park event, we were fortunate to have the beautiful chapel thanks to Andre, Gina and Phil of the Pilon Family Funeral Home who graciously opened their doors to us at the last minute. Also, a sincere thank you to Aerik Watson for his beautiful musical performance which made the event extra special.

We are grateful to our sponsors whose generosity made this event possible. A heartfelt thank you to the Pilon Family Funeral Home, Stacey Foster of SAF & Co. Aesthetics, and the Ottawa Valley Community Foundation and of course our dedicated volunteers. Their support means the world to us!

Residents from Aspira Island View releasing butterflies purchased in support of the Annual Memorial Butterfly Release



The Butterfly Release ceremony at the Pilon Family Funeral Home



New Staff - Kyle Fraser (Transportation Coordinator)

Our newest addition to the team, Kyle Fraser has called Arnprior home since the age of 4. Before working at Seniors at Home, he worked at Renfrew County Housing and the Seniors Active Living Centre and is excited to join the great team at Seniors at Home and to be continuing his work with Seniors in the Arnprior area. When not scheduling transportation, Kyle enjoys playing fiddle and the drums, watching movies and is an avid sport fan. He is also looking forward to becoming an uncle this year. Welcome Kyle!

Save the Date

THE ANNUAL SENIORS CHRISTMAS PARTY

Friday December 13th 12:00pm • St. John Chrysostom Parish Hall
Entertainment by the Three Hearts
Tickets go on sale Nov. 1st

A VOLUNTEER'S STORY - MEET ROBERT KLODT: A DEDICATED VOLUNTEER




Robert Klodt has been a devoted volunteer with Seniors At Home for over 32 years. After retiring in 1992, from Nortel (previously known as Bell Northern Research), where he managed the design of Internet switching equipment, Robert moved to Arnprior. Responding to a local ad, he became a key part of our Income Tax program, volunteering five days a week from March to April each year. Over the decades, he's completed thousands of returns, often stepping in to help those who missed deadlines.

Robert's commitment doesn't stop there. From 1994 to 2015, he also volunteered with the Arnprior Humane Society, serving on its Board of Directors for 21 years, and filling in as Treasurer and President when needed. His compassion for the community and those less fortunate has been evident in all his volunteer roles.

At 89, Robert still plays an active role in preparing tax returns, spending hours solving issues when there are glitches or missing information. He's not only a skilled volunteer but also our Team Leader, guiding and mentoring newer tax preparers. Each year, he helps them understand the latest CRA changes, ensuring they're equipped to assist clients. His colleagues admire him for his dedication and wisdom, regularly turning to him for advice.

Despite the countless hours Robert devotes to his work, he never asks for anything in return. He visits clients at their homes, nursing homes, or even hospitals if they can't come to the office. His selflessness and desire to help others make him truly one of a kind.

Whenever we suggest he take a break, Robert just smiles and says, "When I get older, I may need the help someday too!" His humor and humility are a constant reminder of the kindness that defines his work. To us, Robert is not just a volunteer—he's a HERO.



THE LUNCH BUNCH

AT THE ARNPRIOR LEGION "HALL"

TIME: 12:00 PM - 2:00 PM

LIVE ENTERTAINMENT & LUNCH FOR \$12.00

Spencer Scharf	Oct. 2
The Valley Harmonizers	Nov. 6
Jane Anne Lafont	Dec. 4

NEW! DINERS' CLUB!

JIM'S RESTAURANT

Wednesday, Oct 16th, 2024

5:00pm to 7:00pm

Choice of Hot Turkey Sandwich or Fish and Chips
(Includes soup, dessert and tea or coffee)

Tickets: \$23.00 (need to be purchased by Friday Oct 11th)

ENTERTAINMENT by Mike Ryan

TICKETS MUST BE PURCHASED THE FRIDAY BEFORE THE EVENT
FOR MORE INFO. CALL 613-623-7981

SENIORS 55+, DISABLED AND INDIVIDUALS WITH SPECIAL NEEDS ARE WELCOME

THE GRAND FINALE

Despite almost winter-like temperatures the Cruise Night Grand Finale saw a great turnout! A huge THANK YOU to Brian & Heather Gunn of Valley Cruisers Arnprior for organizing yet another fantastic season of events.

Spectators and car enthusiasts were treated to a stunning collection of classic cars, trucks and sports cars, along with lively tunes from local musician Aerik Watson. A special shoutout to the Antrim Truck Stop for providing the perfect location, and to our amazing volunteers whose hard work made it all possible.

Thanks to the Valley Cruisers, over \$8,400 was raised this season in support of Seniors At Home programs!



Top right: Volunteer- Gillian Rajsic and SAH Development Coordinator - Suzanne Giroux
Bottom left to right: Musician - Aerik Watson and Certificate of Appreciation presentation: SAH Staff - Suzanne Giroux, Executive Director - Dennis Harrington, Brian Gunn - Founder of Valley Cruisers Arnprior and partner, Heather Gunn

Something to smile about...



THANK YOU

We are truly blessed to have such a caring community that continually supports our most vulnerable members.

A heartfelt thank you goes out to our amazing and dedicated volunteers who make such a positive impact on so many lives. Your contributions are invaluable!

In addition, we extend our gratitude to Milliken's Garden Centre for donating their time and resources to transforming our front garden beds. Your efforts have truly brightened up our space!

We also want to acknowledge and thank Reid Brothers Motor Sales for their important sponsorship of this newsletter. Your support helps keep our community informed and connected!



SHRED DAY EVENT

Preserve the Earth
Protect your identity
Support Seniors At Home

\$10 PER BOX

Date: SATURDAY, OCT 5th
Time: 9:30am - 12:30pm
Location: 106 McGonigal St. West
613-623-7981

OFFICE CLOSED

THANKSGIVING • MONDAY, OCT. 14TH
NOV. 11TH, REMEMBRANCE DAY
(CLOSED UNTIL 1:00 PM)

Chili-Fest 2024

October 24, 2024

Arnprior's Annual Christmas Craft Fair

SATURDAY, NOVEMBER 23RD
9:30 AM - 3:00 PM
@THE NICK SMITH CENTRE

Over 50 Tables
Baked Goods
Local Artists
Raffle/Door Prizes
Lunch Counter

www.cssagency.ca
613-623-7981

Proceeds to support Arnprior Braeside McNab Seniors At Home Inc.

We at Seniors At Home gratefully thank those who have donated in memory of their loved ones.



GLENN EASTMAN
(1934-2024)



MOÉ LACROIX
(1945-2024)



HELEN MCGREGOR
(1939-2024)



BILL BUDAU
(1935-2024)



DAPHNE SKINNER
(1942-2024)

Leave a Lasting Legacy

More Information Suzanne Giroux
Development Coordinator
613.623.7981 suzannegiroux@cssagency.ca

How will you be **REMEMBERED?**

613-623-7981

www.cssagency.ca

106 McGonigal St. W., Arnprior



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IMPORTANT ANNOUNCEMENT FROM THE ROYAL CANADIAN LEGION BRANCH 174

The Royal Canadian Legion Branch 174, Arnprior, has launched the “**Veteran’s Transportation Voucher Program (VTV Program)**” in partnership with the Arnprior and Braeside/McNab Seniors At Home Program. This program offers veterans and their spouses/partners free transportation for in the following capacity:

- In-Town Transportation – transportation for daily needs (during their regular office hours).
- Out-of-Town Transportation – supports and covers transportation costs for pre-booked medical related appointments.
- Accessible Transportation – available in and out of town.

Veterans and their spouses/partners do not need to be Legion members to qualify for the program.

Eligible recipients can receive up to five vouchers per month, with transportation through the Legion.

Long distant trips will be considered and dealt with on an as needed basis. For more information regarding the VTV Program, inquiries can be directed to Debbie Timmons at 613-623-4722 or Roy McAdam at 613-762-9876.



ONE MORE THING...

Arnprior and Braeside/McNab
Seniors At Home Program
is offering a

Christmas Raffle

*Tickets
Available
Soon!*



Featuring the Ultimate Christmas Gift Basket with a \$200.00 Gift Certificate at Urban Angus Steak and Wine plus more to elevate your celebrations!

SPONSORED BY

Jennifer Charlebois Robillard of Desjardins Insurance