



HOME & COMMUNITY
SUPPORT
United in our commitment to care

WINTER 2025

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Arnprior-Braeside-McNab Seniors At Home Program Inc.

Greetings and Happy 2025



As I sit here and write this note to everyone, the January winds are howling and our hopes turn to spring... well at least mine are, I am a very optimistic person. I do bring greetings on behalf of Seniors at Home to each of you wishing you health and much happiness in our new year.

I can look back with great pride in the work our staff and dedicated volunteers have done this past year, each of you continues to bring enthusiasm to your roles and always keeps in mind our client's best interests when providing our vital services throughout our area.

I would like to take a moment to thank and wish Jocelyn Dunn, Transportation Coordinator, many successes to her and her family as they embark on a new adventure with their move to Nova Scotia. Jocelyn was always a calm and gentle voice on the other end of the phone when working with our transportation clients on their schedules and she will be missed. However, we are excited to welcome Adriana Ayala-Perez as our new Transportation Coordinator, Adriana has a wonderful cheerful personality and has fit very nicely within our staff.

In closing, I would like to thank our many donors and sponsors who financially support our agency each year, we could not exist and continue to do the important work for our seniors and disabled without your support. I also want to encourage each of you reading this newsletter to take a moment to educate yourself on the many programs, services and events we offer the Town of Arnprior and Township of McNab/Braeside, visit our website at www.cssagency.ca or drop by our office and pick up a brochure, as we grow older, knowledge is important for yourself and for your loved ones.

Sincerely, Dennis Harrington, Executive Director

Chili-Fest 2024

A huge shoutout to Aspira Island View for their ongoing support in organizing Chili-Fest 2024, which raised \$1,875 in support of local seniors and individuals with special needs in our community. In addition, their generosity didn't stop there as they donated their famous chili and festive cake to Senior's Active Living Centre for their Halloween Party which generated another \$229.00 in donations for a total cheque amount of \$2,104.00 towards this year's event!



Congratulations to the WINNERS!

First Place: Biryani House Arnprior (top)

Second Place: King of Munchies (bottom left)

Third Place: Krave Bistro (bottom right)



Image: Top - Lynn Russett of Island View Retirement Residence presenting award to Chili Champion #1 to Shahanaaz of Biryani House

Bottom Left – 2nd place winner, The King of Munchies

Bottom Right – 3rd place winner, Krave Bistro

In addition, we wish to extend our gratitude to the events judges, Ben Gardiner, Marg and Erin, along with Joanne Fournier and Diego Lenzo from Aspira Island View for their delicious chili and festive cake provided to SALC for participation. Their generosity and community spirit have made a meaningful impact!

Bottom – (from left to right) – Martin Carriere, General Manager, Island View Retirement Residence, Joanne Fournier and Suzanne Giroux from Seniors At Home

Right – Chili Fest 2024 organizer, Lynn Russett of Aspira Island View, Judges – Erin, Marg and Ben Gardiner of ARH and Suzanne Giroux from Seniors At Home.





The Christmas Craft Fair

We are thrilled to announce another successful Christmas Craft Fair was held on November 23rd at the Nick Smith Centre! Once again, our volunteers worked tirelessly behind the scenes making sure every detail was perfect! We also thank Jennifer Charlebois-Robillard from Desjardins Insurance in Arnprior for sponsoring our event, along with local artisans, bakers and craft enthusiasts for their participation in our Craft Fair

Top left– Marilyn Misener with selling her award winning butter tarts
Top right– Patricia Rose and her hand-crafted teddy bears
Bottom left – Beautiful wreathes by local vendor Leah Baird
Bottom right – Carol Choffe and Regina Palmer shopping
(Seniors at Home staff and volunteer)



The Annual Senior's Christmas Party



This fun event took place at St. John Chrysostom Hall on Friday, December 13th. Guests enjoyed a delicious turkey dinner with all the fixings and danced away to the fabulous music of the 3 of Hearts. We wish to thank our amazing volunteers and give thanks to our generous sponsors: The Knights Inn, Island View Suites, Carp Commons Retirement Village, Pilon Family Funeral Home, Boyce Funeral Home, TAAG Accounting, Mel's Flowers and Rona.

ANGEL TREE UPDATE



We wish to extend our thanks to everyone who donated in support of our Annual Angel Tree Campaign! Together, our community raised close to \$9500.00!

We wish to extend our heartfelt appreciation to the following Tree Hosts! The Arnprior Public Library, CIBC, Hart, Home Hardware, Northern Credit Union, RBC, Rona, Scotiabank, TD Bank & Arnprior & District Family Health Team in partnership with Arnprior Regional Health.

If you haven't had a chance, no problem as we accept donations throughout the year! A one-time or monthly donations can be dropped off at our office or donated online at: <https://cssagency.ca/2024-angeltree-campaign/> through **CanadaHelps.org** or by E-transfer to: **angeltree@cssagency.ca**.

As a reminder, 100% of donations go directly to support seniors and individuals with special needs throughout the year



A special thank you to our local Royal Bank of Canada branch for their generous donation of \$1500.00 towards this year's campaign!

Image: Local Royal Bank Leaders multi-tasking at Giant Tiger by promoting the Angel Tree Campaign as well as selling tickets for the Christmas Gift Basket!

Left to right- Mohamed Zaher, Usama Tariq, Istaque Ahmed Syed





The Valentine Angel Tree

Once again, we wish to express our gratitude to our friends at St. Andrew's Presbyterian Church for their ongoing support towards our Angel Tree Campaign. Their special Valentine Angel Tree is expected to be up early February and ready to accept donations in support of local seniors and individuals with special needs in our community.

Holiday Surprises!



We were thrilled to receive a visit from Christine & Courtney representing both Tim Horton locations in Arnprior, who presented us with a \$1,000 cheque as part of the Tim Horton McCluskey Group's Passion Play initiative!

Both stores generously donated \$500 each to support our agency's mission of helping local seniors in our community.



We're thrilled to announce that local area resident, Tony Matinlassi, was the lucky winner of our **Christmas Gift Basket Raffle** which raised over \$3,200.00! Just in time for the holidays, Tony's festive spirit was a whole lot brighter for him and his family! A huge **THANK YOU** to our amazing sponsors who helped make this raffle possible:

Jennifer Charlebois-Robillard Insurance and Financial Services Inc., Urban Angus Steak & Wine, Dianne Rodger Jewellery, White Lake General Store, Valley Roots, Firstchoice Haircutters (Arnprior), Vintage Value Decor, 4 Muddy Paws - Dog Gone Beautiful, Antiques, Treasures & Treats and UNDER MY ROOF.

Finally, a special THANK YOU to Northern Credit for their assistance in selling tickets and Ryan and Katie Lemieux from Giant Tiger for allowing our volunteers to sell from their beautiful store!

Top right: Christine Nehme, Breanna Lacelle and Crystal Phelps of Northern Credit Union

Top Left - Gift Basket Raffle Winner, Tony Matinlassi

Bottom - Ryan and Katie Lemieux of Giant Tiger (Arnprior)



It's almost that time! Our Community Volunteer Income Tax Program, in collaboration with Canada Revenue Agency will soon be available to individuals with low to

modest income for those with a "simple" tax situation, i.e. no self-employment or business income or expenses, no capital gains or losses or bankruptcy files.

We will be open to accept 2024 Income Tax forms beginning **March 3, 2025, until April 30, 2025**. This service is offered **BY APPOINTMENT ONLY** from our office located at 106 McGonigal Street West, Arnprior on **Mondays, Wednesdays, and Fridays** between the hours of 10:00am and 2:00pm. Service will be provided through our convenient drop-off window.

The Income Tax Program is **FREE** of charge. However, as a non-profit charitable organization, donations are appreciated to help with various agency programming costs. In return, you will be issued an official charitable donation receipt for income tax purposes (2025).

For more information on this program, please leave a message at 613-623-7981 ext. 108.

THE LUNCH BUNCH

AT THE ARNPRIOR LEGION "HALL"

TIME: 12:00 PM - 2:00 PM

**LIVE ENTERTAINMENT &
LUNCH FOR \$12.00**

Patti Hass	Feb. 5
Karl & Linda Dregischan	Mar. 5
Steve Williams	Apr. 2
Pierre Desmarais	May 7

**ALL SENIORS 55+, DISABLED AND INDIVIDUALS WITH
SPECIAL NEEDS ARE WELCOME**

TICKETS MUST BE PURCHASED THE FRIDAY BEFORE THE EVENT

A Volunteers Story

My name is Jane, and I am a volunteer with Arnprior-Braeside- McNab Seniors At Home Program. For the most part, I have grown up in the Ottawa Valley. I went away to university for 4 years and then settled in Ottawa with my husband where we both worked and raised two daughters in Ottawa. In 1999, we returned to Arnprior in search of a simpler life and to be closer to both of our families. In total, I worked for Social Services in the City of Ottawa for 33 years before I retired in 2020. I had worked in a helping profession my whole adult life so I knew that when I retired, I would miss the personal connection with people. I knew I would want to continue to give back to the community in some capacity and I started looking at organizations that made a difference in the lives of others. I became a volunteer driver for out-of-town appointments for Seniors and residents of the area. I also support the delivery of Meals when needed and some of the fantastic events that this program is involved with. The staff of this organization are amazing – they made me feel welcome and I knew instantly how much they care about the supportive work they do daily. The residents of Arnprior that I have met through driving, delivering meals and at special events have made me feel appreciated, which allowed me to understand how important these services are to them. These services enrich their lives on so many levels and in turn makes our community a wonderful place to live. I feel privileged to support this organization and encourage anyone with a few hours to spare, to consider volunteering as what you get in return is so much more than you give.



We at Seniors At Home, feel privileged to have Jane as a valued Volunteer!

Thank You

We wish to thank the following businesses and individuals for their support over the holiday season:

A HUGE THANK YOU to Leaha Baird who so graciously donated half her proceeds from sales at our Christmas Craft Fair on November 23rd. Another heartwarming surprise by Patricia Maynard of Kanata for the lovely Christmas quilts that were shared with several of our seniors over the holidays. In addition, we wish to thank Brenda Ambrose for her time in picking up and delivery service!



New Staff - ADRIANA AYALA-PEREZ, Transportation Coordinator

Adriana has called Arnprior home for the past two years, though she's been living in Canada for over a decade. Originally from El Salvador, she is fluent in both Spanish and English. Outside of her work, Adriana is a passionate entrepreneur and co-owner of Claudia's Art Balloon Business and Party Planning, a small family business she runs with her mom in town. In her free time, she enjoys dancing, yoga, photography, content creation and exploring her creativity. Welcome to the team Adriana!



JOYCE HARRIS
(1934 -2024)

How will you be REMEMBERED?

We at Seniors At Home gratefully thank those who have donated in memory of their loved ones.

Leave A Lasting Legacy

More Information Suzanne Giroux
Development Coordinator
613.623.7981
suzannegiroux@cssagency.ca



PATRICK MULDOON
(1947 -2025)

SAVE THE DATE - MARCH 21ST

GIBC ARNPRIOR PRESENTS

MUSIC TRIVIA NIGHT

ALL PROCEEDS SUPPORTING
ARNPRIOR-BRAESIDE-MCNAB SENIORS AT HOME



Monday Night Cruise Nights
May 19th until Sept. 1st -4:00 to 8:00 pm
at the Antrim Truck Stop!

The Father Day Charity Car Show & BBQ
Saturday, June 14th - 10:00 am to 3:00 pm
at Red Pine Bay in Braeside

OFFICE CLOSED

Monday, February 17th (Family Day)
Friday, April 18th (Good Friday)
Monday, April 21st (Easter Monday)

613-623-7981

www.cssagency.ca

106 McGonigal St. W., Arnprior