

ONCE A YEAR

INCOME TAX PREPARERS

Volunteers are required to prepare Income Tax returns for individuals with low to modest income and simple tax situations in a joint program offered by Canada Revenue Agency. Training is provided by CRA. The program runs from the beginning of March and runs till the end of April. Volunteers work from their own homes on their own computers, but pickup and return tax packages at our office on McGonigal Street.

INCOME TAX PROGRAM RECEPTIONISTS

Volunteers are required for registration and intake of documents; and handover of completed returns for individuals using the Community Volunteer Income Tax Program. Volunteers can sign up for shifts mornings or afternoons Monday, Wednesday or Friday; 10am to 12:30 or 12:30 to 3pm. Shifts available starting the beginning of March till the end of April.

VOLUNTEERING PROCESS

- Make the decision to become a Volunteer
- Obtain a Volunteer Application – available on line www.cssagency.ca or at 106 McGonigal St. W., Unit 1, Arnprior
- Complete your application and return to our office
- Face to face meeting with Volunteer Coordinator
- Vulnerable sector police check required.

Once you have successfully completed the Volunteer process you will receive an orientation on your new position as a Community Volunteer.

FEEL GOOD!

TESTIMONIALS

“I love being part of a team that makes a difference. And being part of an organization which is growing and changing to meet the needs of seniors”.

Sylvia Patterson, Board Governance

“Volunteering makes a huge difference in a person’s life, and you will have a great feeling knowing you are giving back. I thoroughly enjoy my volunteer work especially meeting the people and, as well, working alongside the staff members”.

Ian Black, Community Driver

“There are many things I like most about volunteering at Arnprior Seniors at Home: first of all the staff and volunteers are great people and great fun. It can take as much or as little time as you have to offer and that time always makes a difference. It makes some-one’s life easier, more comfortable, helps them get over a shocking event, transports them to important appointments, reveals another great book to be read, creates a vibrant community (e.g. the Senior Christmas Party), and I could go on. I believe my life is much richer because I volunteer.”

Katherine Miller-Gatenby, Special Events

“I volunteer for several reasons; mainly for the seniors themselves as well it is a connection to my community. It feels good to know that I can make a difference in the lives of all who participate in the many programs offered by Seniors at Home, and besides that, the staff is wonderful. I am happy to be part of a team that makes a difference whether it is here at Seniors at Home or at the hospital. I highly recommend volunteering. I feel I get more out of it than I give”.

Alexis Barr, Volunteer Receptionist

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Volunteering Opportunities

ARNPRIOR BRAESIDE • McNAB Seniors at Home Program Inc.



Community Support Services

www.cssagency.ca

VOLUNTEERING OPPORTUNITIES COMMUNITY SUPPORT SERVICES

FRIENDLY VISITING

Dedicated volunteers are linked one on one with clients requesting someone to come into their homes and visit them on a regular basis. The contact established during these visits helps with loneliness and many friendships are formed.

TELEPHONE SECURITY

Volunteers are carefully linked with a client who lives alone to call on a regular basis. Calls are usually made in the morning to make sure everything is okay.

FOOT CARE RECEPTION

Foot clinics are held every Thursday and the days are split into morning (8 am-12pm) and afternoon (12pm-4pm) shifts. Volunteers greet clients, take payments, issue receipts and book future appointments.

OFFICE RECEPTION

Volunteers answer and direct calls, schedule the in town transportation and perform other light office duties. Shifts are available Monday to Friday from 12:30pm till 4:30pm.

SPECIAL EVENTS

Volunteers have the option to help out with many different fundraising events, whether it is helping out at our seasonal garage sales, working the door at our community dance or baking for a bake sale. These are only a few examples of the many events which are held throughout our community.

SOCIAL PROGRAMS

Volunteers are needed, to both assist at and entertain, during our Friendship Days and Diner's Club. The Friendship Days run the third Thursday of each month from 11:00am to 2:00pm at the Royal Canadian Legion Branch 174. Diner's Club is offered the first Wednesday of each month from 5:00pm to 7:00pm at Jim's Restaurant, Elgin Street, Arnprior.

MISSION STATEMENT

Arnprior-Braeside-McNab Seniors At Home Program Inc. is a non-profit charitable organization assisting and cooperating with other agencies in the administration and delivery of client centered COMMUNITY SUPPORT SERVICES to encourage independent living and enhance the quality of life of seniors and individuals with special needs.

FORMATION

In 1980, Arnprior-Braeside-McNab Seniors At Home Program Inc. was founded in response to the need for a full range of home support services in the various communities. Through our local office, staff and volunteers now provide practical home assistance in the spirit of neighbour helping neighbour.

OUR PHILOSOPHY

The concept of maintaining quality of life is key to Home Support. The aim is to enable those who are served to maintain maximum independence, hence enhancing their ability to live independently in their own homes for as long as possible. Their own home is a place of comfort and security, an expression of their personalities, a place of memories, a reassurance as to their place in the world and becomes a crucial aspect in continuing their quality of life.

VOLUNTEER DRIVERS

Volunteers provide transportation to and from medical appointments outside the town of Arnprior in a safe and timely manner. The fee structure for out of town transportation is based on cents per kilometer which is paid directly to the driver. Volunteers are required to provide a driver abstract.

HOT MEALS ON WHEELS DRIVERS

Hot meals are delivered at lunchtime Monday to Friday, excluding holidays. Volunteers are responsible for picking up meals at The Grove Nursing Home and delivering them to the client's home within the town of Arnprior or the Village of Braeside (proper). Volunteers can choose to work one (or more) days per week on a regular basis, or as an on-call spare driver.

COMMITTEE WORK

Volunteers are needed to give direction, review reports and offer their skills and talents by serving on one of our committees. Committee members attend monthly meetings and share their ideas with other committee members. Committees include the Development Committee which involves fundraising, planning of special events and education of the agency and the Outreach Committee which promotes the mission, values, and goals of our agency.

A Volunteer is someone who unselfishly devotes time and efforts to helping others. Volunteers spread kindness, change lives, and make a significant difference in countless ways.